

Play value

People are all different. Whether they're old or young, trained or untrained our intelligent, yet also simple system „thinks“ with you. The resistance automatically adjusts itself to the level of strength of the person exercising. Simply sit down, put your feet up and off you go. Easy to read exercise instructions aid optimal usage.



Recommended for

- School children
- Young people
- Adults
- Older people
- Public play areas without supervision, such as playgrounds, parks or similar

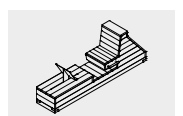
Effect

The leg press serves to improve the strength in the largest and most important leg and gluteal muscles. At the same time good bone condition is promoted.

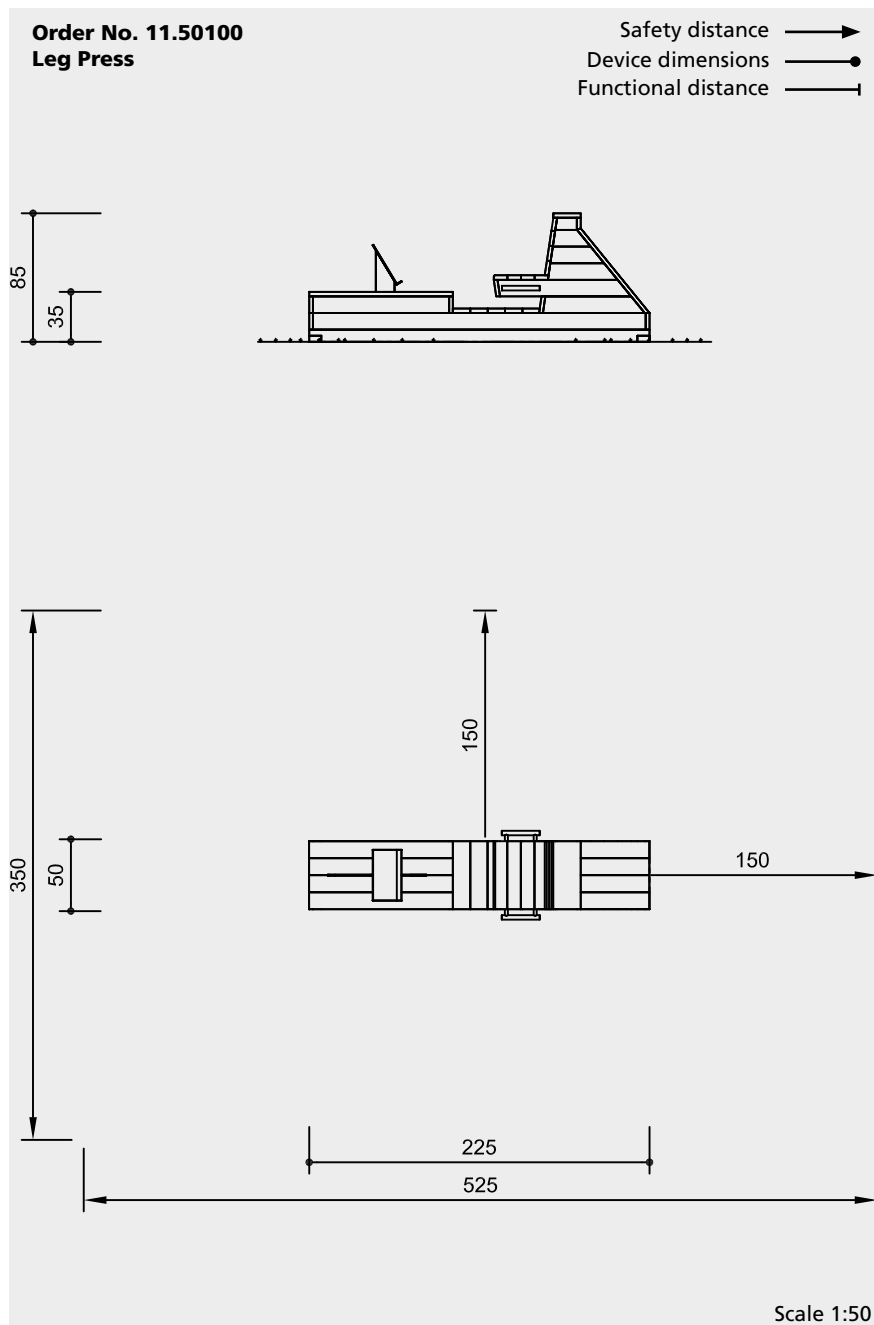
Purpose

From our first steps onwards our legs carry us through life. That's why healthy legs are essential for independence and mobility. Our muscles serve thereby as the motor. Just simply stretching and bending the legs with a light load keeps this motor going and gets it up to speed. Not only do the muscles react positively to this but also the bones become more robust and resilient.

Leg Press



11.50100



Technical information

Equipment made of non-impregnated mountain larch

Core-free

Sawn-timbers core-free, thus decreasing occurrences of cracking and undesired changes in shape



Ground anchor

All parts used for anchoring to the ground are made of hot-dip galvanised steel or stainless steel



For more detailed explanation of the quality characteristics see price list.

Hot dip galvanised substructure

Handles made of stainless steel

Support panel for footrest hot dip galvanised, painted in various colours, standard colour yellow

Footrest made of solid coloured polyethylene (PE)

Dimensions

(small deviations possible)

Height	0.85 m
Length	2.25 m
Width	0.50 m
Weight	210 kg

Safety

This equipment is not playground equipment within the scope of DIN EN 1176 and therefore is also not subject to the requirements of this standard. Nevertheless, it is complied with where appropriate.

Components

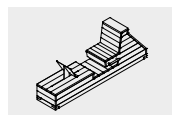
- 1 Leg Press with explanation board
- 2 Heavy duty bolts

Installation information

Surfacing requirements corresponding to a fall height of ≤ 0.60 m (please refer to price list for more detailed information)

Foundations
1 item 140 x 40 x 35 cm
Excavation depth 35 cm

Attention:
Exact measurements may vary;
for all installation dimensions refer to current assembly instructions.
Technical changes reserved.



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